



**PSYCHOLOGICZNE LECZENIE PSYCHOZ**  
THE PSYCHOLOGICAL THERAPIES FOR PSYCHOSIS  
**Warszawa/Warsaw 22-25.08.2013**



**ISPS  
conference**

“Best practice in  
psychological therapies for  
psychosis. A contemporary  
and global perspective. A  
conference for all mental  
health practitioners”

Place:  
**University  
of Warsaw  
(Poland)**

Time:  
**22 – 25.08.13**



Katarzyna Prot-Klinger  
Local Organizing Committee

*Dear Colleagues,*

We have the pleasure of inviting you to Warsaw to participate in the next ISPS conference

**Best practice in psychological therapies for psychosis.**  
A contemporary and global perspective.  
A conference for all mental health practitioners

Really good practices in the psychotherapies of the psychoses schizophrenia are known and respected locally but our conference intends to assist in their wider dissemination.

However in too many places no psychological therapy is offered to persons with psychotic disorders. We need to address how to address this at a time of finite resources in the global crisis.

During the ISPS Warsaw Conference we hope you will come with your knowledge and a willingness to learn from about a range of psychological therapies for psychosis in a rich dialogue between clinicians, researchers, policy makers and representatives from patient and family organizations so you will return home with ideas on how to optimize psychological care and the rehabilitation of patients with psychosis.

We look forward to meet you in Warsaw.  
On behalf of the Local Organizing Committee

Katarzyna Prot-Klinger



*Dear Colleagues,*

We would also like to extend a very warm invitation to Warsaw in August 2013 to all interested in psychological approaches to psychosis. Our international ISPS conferences over 57 years have an excellent reputation for the quality of the content and for the friendly atmosphere in which all contributors and participants are made to feel very welcome.

Throughout the world the cycle is turning more and more towards exploring the multitude of ways in which psychology is relevant to psychosis, from understanding early experiences and their effects on mind and brain, to trauma, to the psychology of stigma, and we could add here a very long list but emphasise our particular conference focus on the psychological therapies of many kinds relevant to psychosis.

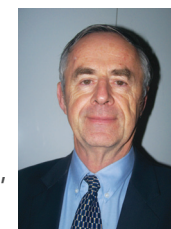
We encourage you to come and participate, to consider offering a paper of your own, or organise a symposium and join in the lively discussions and we guarantee you will return home enriched and enthused.

Having visited Warsaw, we can both vouch for the excellence of the conference facilities in the old University which is alongside the beautifully rebuilt 13th - 15th century historical centre of Warsaw which truly deserves its UNESCO heritage site status. As well as beautiful buildings, the area is packed with street cafes, restaurants and musical entertainment and there is plenty of accommodation at this time of year.

We look forward to welcoming you alongside our Polish hosts.



Jan Olav Johannessen,  
Chair of International  
Advisory Committee



Brian Martindale,  
Chair of ISPS Executive  
Committee

*PS for those of you new to ISPS,  
find out more about our activities,  
our network of members,  
our books and journal  
from our website [www.isps.org](http://www.isps.org)*







## About Warsaw

Warsaw is the capital and largest city of Poland. It is also known as the "phoenix city" because it has survived many wars throughout its history. Although today's Warsaw is a fairly young city, it has many tourist attractions such as Warsaw Old Town with the Royal Castle. City where modernity harmonizes with the history.



## Conference Venue

BUW known as the Old BUW is commonly referred as the former seat of the Warsaw University Library. The building was erected in the years 1891-1894. After building the new library building old BUW is one of the most prestigious places of classes at UW. Not surprisingly, the local rooms are very comfortable, light and airy. Exemplary example of bold modernization of the historic building.



*Best practices in the psychotherapy of schizophrenia in many cases are known and respected locally but should be disseminated and spread out much wider. In much too many places the psychotherapy is not applied in the therapy of persons with psychotic disorders. This is also important in the context of global crisis that can prevent its applications because of less available sources.*



## This is why it is important to know:

- what is best practice as applied in some places
- what kind of interventions have proved to be effective
- how to start to learn from these experiences
- how to integrate different levels of explanation and intervention from biological to the psychological
- to hear the experiences of patients / experts by experience and families
- different ways of conceptualising psychosis and interventions in different parts of the world
- bring our own understanding and practice to the ISPS global effort
- this is an occasions when you and we can have an impact on the work and life of the others – professionals and patients



Therefore we offer a warm welcome to the ISPS Warsaw Conference people of all mental health disciplines and all approaches to psychosis as well as researchers, policy makers and representatives from patient and family organizations to discuss ways to optimize psychological care and the (re) habilitation of patients with psychosis.



## International Scientific Committee:

Yrjo Alanen (*Finland*)  
Hans Ågren (*Sweden*)  
Thomas Becker (*Germany*)  
Alison Brabban (*UK*)  
Larry Davidson (*US*)  
Alberto Fergusson (*US*)  
Arunas Germanavicius (*Lithuania*)  
Ulrik Helt Haahr (*Denmark*)  
Susanne Harder (*Denmark*)  
Prof. Svein Haugsgjerd (*Norway*)  
Robert Hinshelwood (*UK*)  
Jan Olav Johannessen (*Norway*)  
Jyrki Korkeila (*Finland*)  
Debra Lampshire (*New Zealand*)  
Arnhild Luveng (*Norway*)  
Andres Lehtmetts (*Estonia*)  
Paul Lysacker (*USA*)  
Brian Martindale (*UK*)  
Prof. Patrick McGorry (*Australia*)  
Dottore Mauricio Peciccia (*Italy*)  
Paul Møller (*Norway*)  
Hans-Peter Mofors (*Sweden*)  
Bent Rosenbaum (*Denmark*)  
Jaakko Seikulla (*Finland*)  
Giuseppe Tibaldi (*Italy*)  
Jorge L. Tizon (*Spain*)  
Prof. Jim van Os (*Netherlands*)

## Local Scientific Committee:

Jerzy Aleksandrowicz	Lidia Grzesiuk
Jacek Bomba	Andrzej Kokoszka
Bogdan de Barbaro	Irena Namysłowska
Lidia Cierpiatowska	Katarzyna Prot-Klinger
Andrzej Cechnicki	Jacek Wciórka
Czesław Czabała	Maria Załuska
Ewa Czerniawska	

## Local Organizing Committee:

Mariusz Bartyzel	Sławomir Murawiec
Jonatan Britmann	Katarzyna Muskat
Szymon Chrzastkowski	Alicja Parcheniak
Małgorzata Figurska	Katarzyna Prot-Klinger
Tomasz Kot	Szymon Szumił
Bogdan Krzystoszek	Aleksandra Śnieg
Katarzyna Lech	Tomasz Wyrzykowski

## Reservations and information:

[www.isps2013warsaw.pl](http://www.isps2013warsaw.pl)  
[info@isps2013warsaw.pl](mailto:info@isps2013warsaw.pl)





## Main speakers:

**Yrjo Alanen**, Emeritus Professor of psychiatry at the University of Turku, Finland was the pioneer of the well known, psychologically based but integrated needed adapted approach to schizophrenia. His book *Schizophrenia – Its Origins and Need-Adapted Treatment* (Karnac) describes his work.

**Bogdan de Barbaro**, Professor of psychiatry at the Jagiellonian University, Krakow, Poland, is an expert on the family in psychosis and in postpsychiatry.

**Arnhild Lauveng**, Psychologist at the Kongsvinger Psychiatric Centre, Norway. Author of a well known books such as *"A Road Back from Schizophrenia"* and *"As Useless as a Rose"*. She write from her own experience as she spent ten years in secure wards suffering from schizophrenia.

**Zvi Lothane**, Profesor of psychiatry at the Mount Sinai School of Medicine (New York), has published on the history and methodology of psychotherapy and psychoanalysis and [BM11] the histories of Paul Schreber and Sabina Spielrein, and the relationship between Sigmund Freud and Minna Bernays.

**John Read**, Clinical Psychologist at the University of Auckland, New Zealand. He is the editor of the ISPS journal *Psychosis*. His research interest is psycho-social causes of psychosis, primary prevention, attitudes towards 'mental illness', the role of the pharmaceutical industry in clinical research and practice.

**Nancy McWilliams**, Psychologist, teaches at the Graduate School of Applied & Professional Psychology at Rutgers, the State University of New Jersey. She has written widely on personality structure and personality disorders, psychodiagnosis, sex and gender, trauma, intensive psychotherapy, and contemporary challenges to the humanistic tradition in psychotherapy.

Too often psychological therapy is not offered to people with psychotic disorders and where it is best practices in the psychological approaches to psychosis are only known and respected locally. Our conference aims to inform delegates and assist in their wider dissemination.



## Framework program of the event:

### 1st conference day – Thursday

Arrival of participants and their accommodation in hotels (participants' own arrangements)

From 8.00am registration and accreditation of participants

**9.30am - 2.30pm** pre-conference work-shops (additional fee)

**3:30pm** commencement of the conference

**4.00pm - 5.00pm** inaugural lecture

**5:00pm - 5:30pm** coffee break

**5:30pm - 7:00pm** presentations

**7.30pm** - Welcome Reception

### 2nd conference day – Friday

**8:30am - 10:00am** Dreaming matrix

**10:00am - 10:30am** coffee break

**10:30am - 12.00** meeting – lecture, post-lecture comments, discussion

**12:00 - 12:30** coffee break

**12:30 - 2:00pm** discussion in small groups

**2:00pm - 3:30pm** lunch

**3:30pm - 5:00pm** meetings-presentations

**5:30pm - 7:00pm** meetings-presentations

**8.30 pm – Gala Dinner (additional fee)**

**Social Dreaming Matrix** - Part of a number of optional features of the conference. It goes well into each morning.

## Conference Language

The conference language is English. Simultaneous translation will not be provided, but all the main lectures will be translated to Polish. Furthermore, both sessions will be carried on in Polish.

There will be some presentations and workshops and symposia in Polish in each session.



## Important dates

Congress dates:  
22nd– 25th August 2013

### Proposals and abstracts submission:

- Deadline for the presentation of proposals of regular symposia and workshops: **end of January 2013**.
- Deadline for the Scientific Committee to notify the acceptance/rejection of proposals: **end of February 2013**.
- Deadline for the submission of abstracts for oral and poster presentations: **end of January 2013**.
- Deadline for the Scientific Committee to notify the acceptance/rejection of the oral and poster presentations: **end of February 2013**.

### Deadlines for Registration of proponents and presenters:

All speakers at Symposia or collaborators at a Workshop, presenters of Oral and Poster Presentations must complete their registration **before the 15 th of March 2013**.

## Options for Participation

### Activity proposals:

#### Symposia

Symposia are composed of up to 5 people (a moderator and up to 4 speakers) and offer different perspectives on the same topic. The duration of the symposium are 90 minutes including the question and answer session.

All the speakers must be registered to the Congress.

#### Workshops

Workshops focus on training in the practical component of a professional area. A workshop could be given by one or two speakers, the duration is 90 minutes.

All the speakers must be registered to the Congress.

### Papers:

#### General Information

- The author selected to present the paper shall be indicated **in bold**.
- At least the author presenting the paper must be registered to the Congress **before the 15 th of March 2013**.
- Abstracts shall be distinguished between Oral and Poster Presentations.

- Papers will be 20 mins + 10 mins discussion.

### Poster

Accepted poster dimensions is **A0**. At least one author of a poster has to register (including payment) for the congress.

### Other Submissions

We welcome other submissions such as films, DVD presentations.

### Proposer

Complete identification, affiliation (Speciality, work centre and country), full postal and email address, phone number, etc. of the person submitting the proposal.

**Summary:** Brief explanation of the goal of the symposium/workshop

**Speakers:** Complete data of the speakers that shall take part in the activity delivery

**Design:** Structure, duration, number of speakers

**Needed Resources:** Maximum number of participants and preferred room layout; audiovisual equipment required.

### Format of abstracts for all submissions

- Type of submission (1-5)
- Title
- Proposer

- Additional speakers / participants
- More details / re abstract submission

### Contents and Abstracts Format

- Please choose a title that clearly indicates the content of the contribution.
- Please avoid abbreviations in the title. Abbreviations may be used in the text if they are defined when used first.
- The author's name (full first name, family name) and place of work (institution, city, and country) should be given. Degrees, titles, street addresses, and acknowledgements of support should be omitted, however. Main author (presenter) of the abstract and co-authors. The names of the author and co-author(s) shall appear preceded by the family name.
- Submitted abstracts will not be edited in any way. If the abstract does not fulfill the necessary requirements it cannot be published.
- The abstract must be typed using **Times new roman**.
- Text length **200 words**.

### Submission Procedures

Through the page  
[www.ispa2013warsaw.pl](http://www.ispa2013warsaw.pl)





## Conference Fees:

### Western Europe:

Euro 300 (till 30.04.2013),  
Euro 350 (from 01.05.2013)

### Eastern Europe:

Euro 225 (till 30.04.2013),  
Euro 275 (from 01.05.2013)

### Poland:

PLN 450 (till 30.04.2013),  
PLN 600 (from 01.05.2013)

### Beneficiaries and family members

(50 places in total – according to  
the order of registration) **from Poland:**  
PLN 50 (beneficiaries),  
PLN 100 (family members)

### Beneficiaries and family members

(according to the order  
of registration) **from abroad:**  
Euro 40 (beneficiaries),  
Euro 80 (family members)

### ISPS members from Eastern Europe:

Euro 225 (till 30.04.2013),  
Euro 275 (from 01.05.2013)

### ISPS members (except ISPS Poland & Eastern Europe:)

Euro 175 (till 30.04.2013),  
Euro 225 (from 01.05.2013)

### Members of ISPS Poland:

PLN 350 (till 30.04.2013),  
PLN 500 (from 01.05.2013)



## Social programme:

### Welcome reception

(22nd or 23rd August 2013) –

included in the symposium registration  
(Get Together Party)

### Gala dinner

(23rd or 24th August 2013) –

Euro 100 or 400 PLN (Bristol Hotel)

## Cancellation and refund

Deadline for registration is **29th July 2013**.

## Awards

### THE DAVID B. FEINSILVER AWARD

*A scholarship to fund travel expenses to the ISPS Congress*

David B. Feinsilver, M.D. was a long-time staff member at the Chestnut Lodge Hospital in Rockville, Maryland, U.S.A, where he chaired its Symposium Committee. A former president of ISPS, the chair of its 1994 meeting in Washington, and the founder of ISPS-US, he established a fund before he died after a long illness. This fund grants a scholarship to fund travel expenses to each ISPS International congress, for the best research or clinical paper on the psychotherapeutic treatment of the severely disturbed.

### THE BARBRO SANDIN AWARD

In 2008 the Barbro Sandin Award was created by ISPS and the Barbro Sandin Foundation. The award honours a woman leader in psychological treatment every two years at the ISPS International Congress.

The recipient of the 2013 award will receive a US\$ 250 bursary, a plaque stating the recipient's name, award title, date, Sandin/ISPS partnership, and a US\$ 1.200 travel award as a contribution towards the expenses of attending the ISPS Warsaw International Congress.

*More information on our website.*



**Registration:** the registration starts from November 2012, closes on 20.07.2013, unless the participant list is full earlier (650 people max).

## Early bird registration - till 30.04.2013

Registration will only be accepted upon payment – to be effected 3 days after the registration at the latest (on-line payment by credit card or bank transfer). It payment is not effected within this timelimit, we will remove the participant from the list.

## Important notes

- All the bank costs are to be paid by the customer.
- There will be pre-conference workshops on Thursday morning 22nd August. The additional fee for these will be 50 euros or 100 sloty for Eastern Europeans. Details of these will be announced in January on the conference website.
- Delegates' registration (members and non-members) would include:
- Participation in the Scientific Programme
- Final Programme & Abstract Supplement
- Coffee Breaks & Lunches
- Welcome reception - Get Together Party (Thursday evening)
- Gala Diner (Friday night) in Bristol Hotel - additional fee 100 euro.

## Hotel accommodation:

Participants of our conference will have an option to choose from several hotels and apartments. Proper links to hotels will be placed on the website of the conference.

Hotel rooms in different categories – depend on preferences of the participants. According with the arrangements with hotels at our disposal becomes available the pool of rooms which can be increased if there will be such a need.

### Hotels that will cooperate with us during the conference:

- I. Le Meridien Bristol
- II. Hotel Sheraton
- III. Hotel Westin
- IV. Hotel Rialto
- V. Hotel Polonia Palace
- VI. Hotel Metropol
- VII. Hotel Harenda
- VIII. Hotel Logos

### RATES

#### ■ Hotel Le Meridien Bristol

- room Superior – single room 440 PLN + 8% VAT
- room Superior – double room 510 PLN + 8% VAT
- room Executive Twin – double room with separate beds 600 PLN + 8% VAT

#### ■ Hotel Sheraton

- single room 300 PLN + 8% VAT
- double room 350 PLN + 8% VAT
- breakfast 99 PLN / person

#### ■ Hotel Westin

- single room 300 PLN + 8% VAT
- double room 350 PLN + 8% VAT
- breakfast 99 PLN / person

#### ■ Hotel Logos

- single room 197 PLN (tax included)
- double room 260 PLN (tax included)

*All above mentioned rates are per room per night.*

#### ■ Hotel Rialto1

- single room
- double room

#### ■ Hotel Polonia Palace2

- single room
- double room

#### ■ Hotel Metropol3

- single room
- double room

#### ■ Hotel Harenda4

- single room 335 PLN (tax included)
- double room 390 PLN (tax included)

#### ■ 1

- single room: 1400 PLN (tax included) 21.08-25.08 /includes breakfast and hotel attractions
- double room: 1600 PLN (tax included)

21.08-25.08/includes breakfast and hotel attractions

#### ■ 2

- single room: 960 PLN + 8% VAT / includes breakfast
- double room: 1010 PLN + 8% VAT / includes breakfast

#### ■ 3

- single room: 760 PLN + 8% VAT/ includes breakfast
- double room: 800 PLN + 8% VAT/ includes breakfast

#### ■ 4

- single room 22.08-25.08 = 628 PLN
- double room 22.08 – 25.08 = 720 PLN

### Number of rooms in Hotels:

- **Hotel Le Meridien Bristol** - ~50 rooms
- **Hotel Sheraton** – 100 rooms
- **Hotel Westin** – 40 rooms
- **Hotel Rialto** – 20 rooms
- **Hotel Polonia Palace** – 40 rooms
- **Hotel Metropol** – 40 rooms
- **Hotel Harenda** – 34 single rooms, 5 double rooms
- **Hotel Logos** – 20 single rooms, 10 double rooms







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THE PSYCHOLOGICAL THERAPIES FOR PSYCHOSIS  
**Warszawa/Warsaw 22-25.08.2013**

**Organizers:**

ISPS International  
University of Warsaw Faculty of Psychology

**Co-Organizer:**

Community and Rehabilitation Section of Polish  
Psychiatric Association

**Partners:**

Szpital Wolski  
Stowarzyszenie Integracja

**Media Patrons:**

Charaktery  
Psychologia

**Patron:**

President of the University of Warsaw

**PCO:**

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